

For further information about our residential services, contact:

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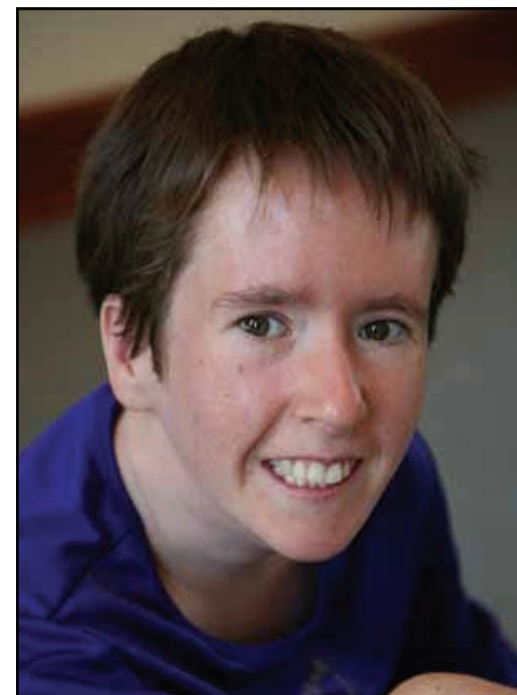
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To learn more about the full range of genetic services at Elwyn, visit www.elwyngenetics.org



Elwyn
Community Residential Services
111 Elwyn Road
Elwyn, Pennsylvania 19063

Residential Services for Adults with Prader-Willi Syndrome



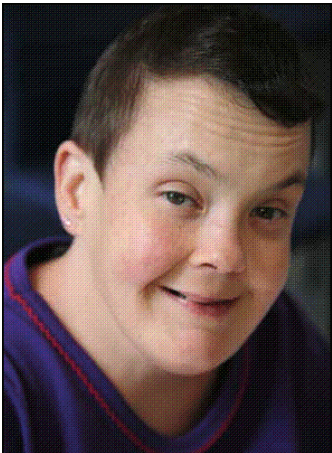
Maximizing Potential
Elwyn
Since 1852

About Elwyn

Founded in 1852, Elwyn is a not-for-profit corporation which provides a wide range of services for over 10,000 adults and children from all social and economic backgrounds. Today, Elwyn is nationally-recognized as a pioneer in developing groundbreaking programs for individuals with disabilities and disadvantages. Elwyn's office of Community Residential Services (CRS) currently supports over 200 people in more than 80 community-based houses, apartments, and home-based options, including our specialized homes for those with Prader-Willi syndrome (PWS).

Elwyn is a leader in genetics research and education, specializing in the practical implications of genetic disorders in people with developmental disabilities. For over 20 years, we have provided a range of services to individuals, families, providers, and educators involved in caring for people with PWS and many other genetic conditions. Our

certified genetic counselors work closely with residential staff to familiarize them with many aspects of PWS. This knowledge allows the residential team to provide the most effective care and syndrome-specific support.



Elwyn's Residential Program for Adults with Prader-Willi Syndrome

Our specialized program provides quality residential services specifically geared to meet the unique and challenging needs of adults with PWS. Our homes are located in southeast Pennsylvania and are open to applicants from throughout the US.

Each community-based home serves four adults diagnosed with PWS and features:

- Secure kitchen/food storage
- In-home exercise equipment
- Individual bedrooms
- Regular access to a registered nurse
- Ongoing staff training and monitoring by a genetic counselor
- Individualized behavior plans developed in consultation with a behavior analyst
- Consultation from a nutritionist and physical trainer to ensure weight management
- Individualized day programs and community-based activities
- 4 : 2 client to staff ratio



Fast Facts About Prader-Willi Syndrome

PWS is associated with a specific pattern of physical, developmental, and behavioral features, including:

- Low muscle tone, especially in infancy
- Small hands and feet
- Under-developed secondary sex characteristics
- Chronic feelings of hunger
- Food-seeking and behavioral outbursts related to hunger
- Intellectual disabilities
- Obsessive compulsive behaviors
- Difficulty with change

Despite these challenges, individuals with PWS have much potential and respond to specific educational and behavioral strategies designed to meet their special needs.

To learn more about PWS, visit the **Prader-Willi Syndrome Association** at www.pwsausa.org



www.elwyngenetics.org